#### Newsletter No: 6 Date: 7/03/2024

#### Achievement

Promoting excellence in education

#### Resilience

Creating problem solvers ready to accept challenges



Community
Building responsible citizens

#### Respect

Developing tolerant, considerate individuals

#### Calendar

Calendar	
Term 1	
March	
11 <sup>th</sup>	Labour Day public
	holiday
13 <sup>th</sup>	Naplan - Years 3 & 5
_	
19 <sup>th</sup>	
13 <sup>th</sup>	Finance Meeting 3.30pm
14 <sup>th</sup>	Gymnastics excursion
18 <sup>th</sup>	School Council AGM 7pm
19 <sup>th</sup>	Digital Wellbeing for
	Families webinar
	<b>6.30pm</b> to register
	please use link
	posted on Compass
20 <sup>th</sup>	PFA – AGM 3.30pm
22 <sup>nd</sup>	Food Fight
23 <sup>rd</sup>	Vision Portraits
26 <sup>th</sup>	Stomp Dance Family Day
	Easter Raffle drawn
27 <sup>th</sup>	Yr 5/6 Cluster Excursion
28 <sup>th</sup>	End of Term
Term 2	
April	
15 <sup>th</sup>	Start Term 2
25 <sup>th</sup>	Anzac Day
26 <sup>th</sup>	School Photos
30 <sup>th</sup>	Grip Leadership
	Conference
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Please note that an up to date calendar is always available within the COMPASS app

#### This week's value in focus is: Community

**Belonging** – Making others feel safe and part of the community.

#### Contact us:

Principal – Katie Lovel 5468 1111 dunolly.ps@education.vic.gov.au

#### Around school this week

#### **LUNCH BOXES**

We hope you found the flyer last week useful for lunch box ideas. We are challenging students to try one new item or substitute something in their lunch box for an item off the Pick & Mix menu. Remember to keep sweet treats for home with chocolates and lollies not permitted at school.

Did you know the number 1 common misconception amongst students is that anything labelled/flavoured with 'fruit' is healthy? Eg. Fruit roll ups — are very high in sugar and this sugar then sits on their teeth all day. Discuss the difference between an actual piece of fruit and fruit flavouring with your child. Also check out facebook and Compass for more ideas and information.

#### **NAPLAN**

Our year 3 and 5 students will be part of the annual NAPLAN testing starting next week. The testing schedule is on the Compass calendar starting with writing on Wednesday 13<sup>th</sup> at 9am. Information for parents/carers was sent out on Compass earlier this week.

#### FOODBANK FUNDRAISER

We are so lucky to have Foodbank supporting our school. Every day students access our free fruit, veggie sticks, fruit cups, messy monkeys and bread for Charly's Toastie Tuesdays. We appreciate their support and want to give back through this fundraiser. If you can set up your child's profile and raise a few dollars that would be wonderful. The event is on March 22<sup>nd</sup>.

#### STOMP DANCE DAY

Save the date for a wonderful family afternoon – Tuesday 26<sup>th</sup> March 3.15 – 4.30pm.



# ALERT: GET READY FOR THE FUNNEST, MESSIEST DAY EVER! FRIDAY MARCH 22<sup>ND</sup>

Who doesn't love the idea of a Food Fight? Here's the chance for our entire school to engage in the naughtiest way yet\* to boost school spirit and help raise vital funds for Foodbank Victoria. It's just like a school colour fun run, but so much more fun, instead of colour covering the children, the obstacles will involve pretend food.

We are so grateful for Foodbank at Dunolly Primary School as they provide our school with fresh fruit, fruit cups, messy monkeys, bread and food hampers for our students and their families. We would like to give back by holding this event and helping raise funds for Foodbank.

We are hoping that families could please set up an online profile to start raising funds.

#### Setting up an online profile is easy and can be done at <u>foodfight.com.au</u>. Students can earn prizes based on the amount they raise.

This is an inclusive fundraiser and we would love all students and families to be a part of it. The Food Fight fun happens at school and the fundraising happens at home. You get to create your own online profile, set your fundraising target and then choose your target prizes. In your profile you will have a unique cyber safe link to share with your family and friends so they can donate and help get you close to your target.

Money raised will go to Foodbank Victoria so they can continue to feed 57,000 people in need, every day!

\*No ACTUAL food will be harmed in the making of this event.

#### **Gymnastics Excursions**

All students will be travelling to Bendigo to Palmers Gym for gymnastics sessions.

Please remember to send your child to school with a bottle of water to take along with their lunch.

The remaining dates of the excursions are:

Thursday March 14th

Seniors (years 3-6) bus times:

Leaving school at 11.20am and returning at 3pm on all 3 days

Juniors (Prep - 2) bus times:

March 14<sup>th</sup> Leaving school at 8:45am and returning at 2pm (they will be going to the Bendigo Art Gallery before the Gymnastics)

# STUDENTS OF THE WEEK

Prep - Lucy Schodde

**Grade 1/2** – Mitchell Lummis

Grade 3/4 - Robbie May

Grade 5/6 – Aleida Degen

Principal's - Jaelen Betts

#### LAST WEEK'S STUDENTS OF THE WEEK



# Charly's Toasty Tuesdays!!!



### Free

First Lunch in the Multi- Purpose room

Tuesday March 12<sup>th</sup> – Years 3 – 6

Tuesday March 19th - Year Prep - 2

#### **SCHOOL COUNCIL NEWS**

Finance Meeting – Wednesday March 13<sup>th</sup> at 3.30pm

School Council Meeting AGM – Monday March 18<sup>th</sup> at 7pm.

We are a child safe school; committed to the safety and wellbeing of all children and young people. We have zero tolerance of child abuse.

https://www.education.vic.gov.au/about/progra ms/health/protect/Pages/default.aspx

The child safe standards apply to school staff (including volunteers and contractors), visitors and students' family members.

#### **PFA News**

Next Meeting - Wednesday March 20th

#### **Easter Raffle**

We are asking if all families can please donate an egg for our annual Easter Raffle. Donations can be dropped into the school office and we will make up prizes for the raffle.

The raffle ticket books were sent home on Monday March 4th

Tickets are \$1.00 each

**All books either sold or not** need to be returned to school by Monday March 18<sup>th</sup>.

The raffle will be drawn on Tuesday March 26<sup>th</sup> at the Stomp Dance Family day.





- Help your school raise funds & book your photo session
- Includes a free digital image
- 100% of your booking fee goes to your centre
- 50 families will raise over \$1500
- Gorgeous family memories AND supporting your school.

#### BOOKINGS NOW OPEN.

#### Call 03 8689 0033

- info@visionportraits.com.au
- www.visionportraits.com.au

## \$30 Digital Image

#### To book simply go to:

- 1 www.visionportraits.com.au/ fundraise
  - & enter password raisefunds
- 2 Find your School/Organisation
- 3 Secure your booking time

Saturday March 23<sup>rd</sup>



Please forward this brochure to friends & neighbours to help make this a HUGE success!! Please note: Only I booking per family and each person can appear in only one fundraiser photo.

Get the family done, just the kids or include the grandparents in your session.

Don't miss out as there is limited spots available.



#### Call 03 8689 0033

- info@visionportraits.com.au
- www.visionportraits.com.au
- (\*) ® visionportraits



AUDIENCE Parents & Carers TIME & DURATION

60 minutes

FORMAT Online Webinar

#### **ABOUT THIS WORKSHOP**

This new presentation gives parents/carers the opportunity to reflect on their family's digital wellbeing. They will explore **practical tips and strategies** to create **healthy habits around screen time** to positively impact relationships and **strengthen connections** within the home.

Presented to you and other schools, parents/carers throughout the session will:



Gain insight into the latest research around family screen time and its impact on individual and collective wellbeing in the home.



Be provided with ideas and strategies to enhance their own digital wellbeing to role model for their family.



Feel equipped to support their children's device usage with practical strategies without screen shaming, banning or removing devices.

#### CORES LIENCE PROJECT.

#### Please access the following link to register:

https://us02web.zoom.us/meeting/register/tZMpdeCqqT8qE9K3g1HiWCMBVE4qUHRFxXI4#/registration and follow the prompts to get your secure link to join the webinar.



The first school in the area was conducted in a tent as early as 1856 as the gold rush boomed. After much debate about where the majestic Dunolly PS No. 1582 should be located it was built at 8 Elgin Street, Dunolly in 1875.

Join us as we celebrate the 150th anniversary in 2025.



Follow
Dunolly PS
on facebook



Email us to register your contact details for the event



Call us to be a part of the orgnanising committee



Visit Our Website https://www.dunollyps.vic.edu.au/

#### This week in Their Care Dunolly



This week we have had lots going on Kyzer decided to go for a run and so our "Runners Club" has been created. Kids loved setting the rules and worked together beautifully to help make it fun.

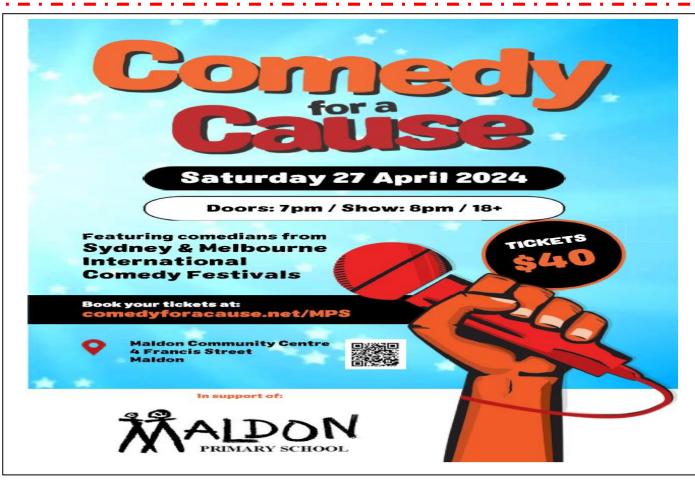


Our theme this week is messy week and exploring how we can have messy play and fun without the mess (ok maybe a little mess). Willow helped make colored rice for everyone and hopefully we can keep it around for awhile.

We have some silly painting coming up as well as bubble fun and of course a group (and educator) favorite with shaving cream.

on our website or you can come talk to Sam and she will help you.







FOR PARENTS WITH CHILDREN
AGED 2-II

This FREE 8-week course helps you to learn practical communication skills for everyday life and bringing up confident and happy children.

Day and Evening courses available

Topics you will learn about:

- Understanding children's behaviour
- Accepting and acknowledging feelings
  - · Play
  - Listening and clear communication
    - Labels and praise
    - Discipline strategies









#### WHAT PARENTS HAVE SAID AFTER COMPLETING THE COURSE



"I would recommend doing this course. It's been nice to have time to myself and to have a set commitment that I am showing up to, where I meet other parents that are going through the exactly the same kind of things I am and get that support from them."

"I liked the child-led play topic and it's going great at home."

REGISTER FOR TERM 2 NOW!!!
SCAN QR CODE
OR CONTACT THE NEST ON
5461 0685





CONNECT, SHARE, LEARN

A PARENTING SPACE FOR FAMILIES FROM PRECNANCY TO 8 YEARS

Scan QR code for:
Open Hours
Programs and Events
The Nest News
News Subscription

Address 91 Noian Street, Maryborough Phone, 03-5461-0685 Mobile, 0458-384-757 Email: thenest@cgoldshire.vic.gov.au Facebook, @theparentingnest





With the Extension of the Outdoor Pool Season, we are now offering:

# Lessons at Dunolly Outdoor Pool

- 3 week program- 13th, 20th, 27th March
- \$45
- Classes will run between 4pm and 6pm
- School aged kids in Level 2+
- Experience cooler/deeper water than the Indoor Pool

#### **Enquiries/Enrolments**

:Please send us a facebook message, or email admin@mslc.com.au





#### CIRCLE OF SECURITY® PARENTING PROGRAM

All children want to feel loved and safe. The Circle of Security Parenting Program has been developed with decades of evidence on ways to strengthen secure parent-child relationships.

The program supports parents to provide children with the confidence and freedom to explore their world while feeling a sense of comfort and security. The program assists parents to see behaviour as communication rather than a problem.

Experienced and trained Circle of Security® practitioners will facilitate the group sessions.

The Circle of Security® parenting program will help you:

- · Support your child's self esteem
- Tune in to your child's world by reading important cues
- · Understand your child's emotional needs

- Connect with your child and enjoy being in the moment
- Strengthen your bond and attachment with your child

LOCATION: Maryborough

DATE: Each Thursday from 18th April to

6th June

TIME: 11.00am-1.00pm

COST: Free

For more Information contact Judy on 5461 0200 or M: 0458 813961 or email:

judy.gersch@anglicarevic.org.au

03 5461 0200 | anglicarevic.org.au

TOMORROWS